

**Get quarantined with**

# **Henrik Uldalen**

**Muse Hacking  
program**

**#STRUCTURE\_EMOTIONS**

**#SELF\_EXPRESSION**



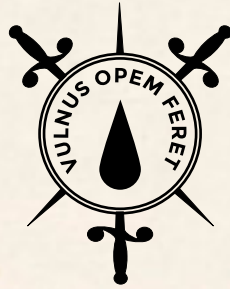
**-Program-  
Supply list  
Information**





**This page  
is a door➔**

Jorge Luis Borges said: "One can give what he does not have. For example, a person can give happiness and not be happy; he can be scary and not be terrified. And he can spread wisdom and not be wise. Everything is so mysterious in the world."



Because  
one can be detached  
from the world and be able to connect  
with everyone. Everything is so mysterious in the world.



# Path



Basic information	Program	Rules	Lazaretto	Apply
	Difficulty	What is Quarantine?	Plan your trip	About us
	Who is this Quarantine for?	Who we are	Terms	ψ Grants
	Supply list	Quarantine	Studio rules	Why is it necessary to apply?



€2990



# Basic information

- + **Main program:** "Muse Hacking"
- + **Lead mentor:** Henrik Uldalen
- + **Guest mentors:** Nicolás Uribe, Jeremy Mann, Nadezda, Vincent Desiderio, Emilio Villalba
- + **Quarantine dates:** from April 17<sup>th</sup> to April 23<sup>th</sup>, 2023
- + **Students:** 18 max. in the studio. 90 max. in the conference room
- + **Location:** Lazaretto Island, Maó, Menorca (Spain)
- + **Language:** English
- + **Quarantine days:** 7 days, 12h per day
- + **Activities:** "boot camps", art talks, masterclasses, workshops, and mentorships
- + **Application type:** jury selection based on a questionnaire

## Included

7-day quarantine

lunch

dinner

beverages

daily ferry boat

fees & taxes

★ Estrella Damm beer

easel, gamsol

## Not included

lodging & breakfast

plane tickets

wine, mixed drinks



### **Schedule**

**1<sup>st</sup> act** — 9:30 am to 12:30 am

**Lunch** — 12:30 am to 2:00 pm

**2<sup>nd</sup> act** — 2:00 pm to 5:00 pm

**[Break]**

**3<sup>rd</sup> act** — 6:00 pm to 8:30 pm

**Dinner** — 8:30 pm

**Night** — Until 12 am

### **The schedule is not what matters**

So this is the planned schedule, but please don't expect strict compliance. Schedules will adapt to activities, not vice versa.

What matters most is that you arrive at the Cales Fonts pier on time every morning; you wouldn't want to go un-quarantined!

### **Meal times**

Believe me, it's not easy to set a meal schedule that suits everyone: what is an early lunch for a Spaniard is a late lunch for a Brit. So we have established a balanced schedule so that the flexibility asked of each participant, wherever she or he may come from, is as little as possible.



# Gastronomy



## MON

Our food is homemade, farm-to-table, and made with local products. We have an excellent chef, who specialize in traditional and avant-garde Menorcan cuisine: Felip Llufríu and Joan Bagur.

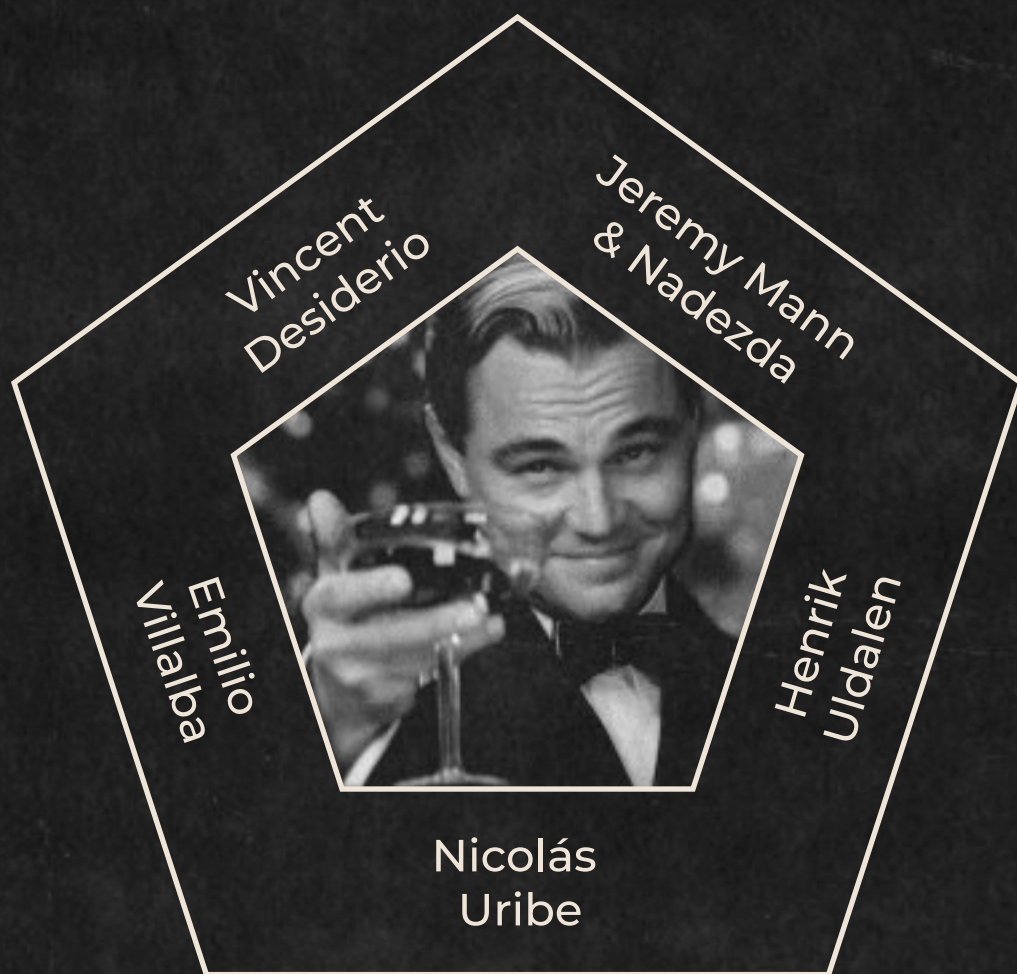
+ Felip Llufríu worked for many years at some of Barcelona's top restaurants, like the Roca Moo, which earned its first Michelin star when he was there in 2013.

The event includes two meals a day; lunch and dinner, as well as water, coffee, tea and soft drinks during studio breaks. **Beer is included courtesy of Estrella Damm.** Wine, mixed drinks and other beverages out of the studio are not included.

The four essential menu options will be: meat, fish, vegan and simple food. Please notify us in advance of any special dietary needs or serious allergies, but please provide us with medical certificate to justify these.

Our chefs work extremely hard to produce their edible artwork, and we'd love not to unnecessarily complicate their efforts. **We of course CANNOT offer full restaurant services or attend to personal preferences,** but get ready, your meals will be excellent.





*MUSE*  
*HACKING*

*PROGRAM*



# ~~Program~~

## **How to put a finish to art students once and for all**

Ray Bradbury once said, “I’m not in control of my Muse. My Muse does all the work.” William S. Burroughs took it even farther in recommending, “Cheat your landlord if you can and must, but do not try to shortchange the Muse. It cannot be done. You can’t fake quality any more than you can fake a good meal.”

Our artists have one non-negotiable condition to take part in this Quarantine: they simply refuse to be guides on a tour that shows participants how to paint as they do, as if leading a flock of art-world tourists.

Their courage involves conveying everything else on this delightfully uncertain voyage: philosophy, motivation, initiative, dignity, discomfort, euphoria, coherence, disappointment, courage, discipline, tears, challenges, connection, work ethic, decision making... ultimately, the trial of living a life that is genuinely committed to Art.

The artists will share their experiences from multiple perspectives and will discuss why they paint and how they experience painting. Throughout the week, the mentor you choose will pose various challenges to pulverize the student in you.

Because at some point, my friend, you will have to stop studying Art and start creating it... **Why seek comfort if it delivers no feeling?**

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## **Lead mentor**

### **Henrik Uldalen**

Henrik Uldalen never found his place at school and no one suspected he might possess any specific talent... until he picked up a pencil. For this self-taught artist, the process is more important than the outcome, and he paints as if it were a vital necessity.

Henrik will show you that an artist’s path can be travelled without adhering to a set of rules. He will teach you how to mock perfection, to provide structure to emotion and to destroy so as to create, all by using personal expression as our compass.



# Guest artists

+ Masterclasses

+ Art talks

## **Vincent Desiderio**

Vincent Desiderio is a visual intellectual who questions neo-conservative educational agendas and the way methods are instilled, void of objectives and meaning. What's the point of learning, to subsequently unlearn?

Vincent suggests that the only valid knowledge for an artist is that which has meaning. The ideal sherpa.

## **Emilio Villalba**

Emilio Villalba received training at top schools and learned to draw and paint with excellence. His passion, however, freed him from this straitjacket to reveal personal meaning in the methods he acquired from his teachers.

He is living proof of how an artist can break free from her or his training, without rejecting it. Emilio will show you how to channel order to express disorder, emotion, abstraction, inquisitiveness, restlessness, obsession and discord.

## **Jeremy Mann & Nadezda**

Jeremy Mann and Nadezda understand that true action is the utter opposite of gym equipment, with its perfectly predictable program of repetition.

They will show you that there's a certain something about risk and mystery, something that arouses a vitality that makes us feel capable of transcending the method so as to savor the challenge of the unforeseeable. And this is where Art truly resides; in sensing time, and not the cogs of the timepiece.

## **Nicolás Uribe**

Nicolás Uribe is a tremendously versatile, free and uninhibited artist. His training is rock solid, but his painting questions everything, and detaches from everything. His creative process is a giant resounding "What if...?", as proof that Art always outlives its own rules.

Aleister Crowley said that "Nothing is true, everything is permitted". This is precisely how Nicolás paints, under the assumption that no rule is real, and that EVERYTHING is allowed.



# Who is going to be there?

traditional artists

2D / 3D artists

concept artists

art students

visual storytellers

multimedia artists

illustrators

art directors

architects

tattoo artists

VFX artists

designers







# Reality is not on your side

Art does not reproduce what is visible... it creates it!

The brain cancels out everything that is not backed by our beliefs; such that if we believe that the details are what matter, we will only see details. And this is precisely how the need to describe shape stupefies our emotions.

If emotion cannot be seen, it is because it has been suffocated under a thick layer of expectation, noise, rules and hang-ups. This is a regression of the artistic mind, which casts aside valuable experiences to focus on mere description.

When emotion favors perception, it doesn't matter if something is not true to the facts. Because for an artist, **reality is an emotional remnant.**

- + What if your idea of "reality" was an absurd imposition?
- + What if the reference was a mirror that reflected your emotions?



# Difficulty

## Mindset

This Quarantine requires a high level of introspection and detachment from rules. You will need to trust the process and cool your need to control the results.

## Technical requirements

- + Basic oil painting skills.
- + Basic drawing skills.

## Participant requirements



- + Accept that the process is more important than the results.
- + Understand that the reference is a mirror in which we can observe our emotions.
- + Be prepared to transform the way we observe.



# Who is this Quarantine for?

At Quarantine we don't want the best version of you. We prefer a more vulnerable version, one that makes mistakes, that has bad days. And we love people who understand that creation is not a competition.

If you are that person, have no doubts; Lazaretto is a refuge.

## **So this is the plan**

You will learn to structure your emotions by working on a composition through use of concepts like abstraction, additive processes, destructive processes, risk, confusion, trial and error, pleasure and suffering.

Henrik Uldalen will show you the philosophies and creative processes that will stimulate your intuition and your "responsive spontaneity".

## **PERFECT for you if...**

- + Something tells you there are an infinite number of ways of seeing reality, beyond those that have been instilled upon you.
- + You desire to structure your emotions through a more intuitive process.
- + You love meeting people like you, participating in art chats and living alongside Henrik Uldalen.

## **NOT for you if...**

- + You need to control a method to obtain predictable and unsurprising results.
- + You are more interested in formal correctness than in personal expression.
- + You're not interested in the experience of meeting diverse people, discussing art with them and questioning their ideas.



# What will you learn?

At Quarantine you will learn more, and understand less:

- + You will learn to unlearn, to question the rules and give meaning to your artistic training.
- + You will learn to embrace crisis, take advantage of your vulnerabilities and free yourself from your fears.

The magic of Quarantine is that everyone will learn different things, since the goal is to help each and every one of us find our own way,. If you're open minded and a hard-working artist this will be a once in a lifetime experience.



## **The good news**

Henrik Uldalen is a good folk and 100% committed to this experience turning out to be transforming. You'll have a blast while you progress a ton.

Keep in mind that participants come from all over the world and you will meet singularly interesting people. Beware of lifetime friendships and strong bonds!



## **The bad news**

There is a price to pay for learning so much in so little time. So let's face the fact without further ado:

This experience will be rather intense and the pace will be fast. There will be very little time to relax; you'll be working hard throughout the day so you'll absorb LOTS of material in little time.

If you're more of a beginner, the worst-case scenario is that you'll learn a lot. But bear in mind that you might not be able to fully absorb everything in just seven days.



# May we suggest...

## **Taking notes**

Bring a notebook, have as many coffees as you need and take notes during class as if your life depended on it. Your notes are a treasure you'll want to read again once you're back in the real world.

## **Don't be afraid to ask**

The masters are at your disposal. If anything isn't clear or you need a specific explanation, do not hesitate and make the most of this opportunity to learn from some of the very best.

## **Do yourself a favor and let yourself go**

In class, new ideas are simply rehearsed. It's not about painting artworks. If you accept this from the beginning everything will go smoothly and you will make the most of the experience. These Quarantines are not designed for you to take home a handful of beautiful paintings.

They are designed to deeply transform the way you observe and make decisions, and you will be pushed out of your comfort zone.

## **Think in mid-range goals**

Keep in mind that this 7-day intensive experience is medicine that takes a few months to kick in. You will need time to absorb everything properly and see your progress. Our motto is if a Quarantine doesn't transform you, it's not a good Quarantine.





**But what  
on earth is  
going to  
happen on  
that  
island?**

Whatever happens, happens, I can say no more.

So, cell phones will be prohibited simply to avoid distraction, but also to reveal that living the experience is more important than documenting it like a tourist.

The ancient Venetians knew how to spread information disguised in secret. They also knew that the longer a secret could be kept, the faster it would spread. So it seems you'll just have to discover the program's little secrets alla Veneziana!

See you in Quarantine?





# Are beginners allowed?

**YES, OF COURSE**, this is a place for learning. We select the most committed artists, not the most polished artists.

We don't care how good you are, how much success you've had, or even how many followers you have. What matters is what lights you up from the inside, and that you're eager to learn and meet other lovers of art. In short, why you do what you do.



# Supply List



## Oil paints

This is the recommended palette, but it is not mandatory and you can bring the palette that best fits your needs. Henrik recommends that you bring a varied assortment with which you feel comfortable, and proposes this palette:

- + Titanium white
- + Lamp black
- + Yellow ochre
- + Burnt sienna
- + Cadmium red
- + Alizarin crimson
- + Olive green
- + Manganese blue
- + Ultramarine.

Recommended brands include Michael Harding, Old Holland or Winsor & Newton.

⚠ Carefully read these detailed instructions on [how to travel with oil paints. paints.](#)



## Brushes

- + Flats or filberts in various sizes, from 4mm to 12mm
- + Also bring assorted painting knives





### Painting Surface

- + 8 panels – 16x20” or 18x24” (Gessobord or similar)
- + Canvas Pads (Blick Studio) 16x20” or 18x24”, or Oil Paper Pad 16x20” or 18x24”
- + Clipboard for support



### Sketchbook and drawing utensils

- + A sketchbook, our favorite pencils, sharpener and eraser
- + Clipboard for support



### Reference tools

- + Computer / tablet – For this workshop you will need to bring a laptop or tablet, since we will work from photographic references.
- + Optional: Digital Camera. Smartphones may not be a substitute, and are prohibited in the island.



### In addition, you will need

- + Liquin Original (to speed up drying)
- + Galkyd/Galkyd Lite or Liquin (to speed up drying)
- + 2 Mason Jars or Small Glass Jars for Gamsol and medium
- + Wood Palette or Disposable Paper Palette
- + An open mind ;)

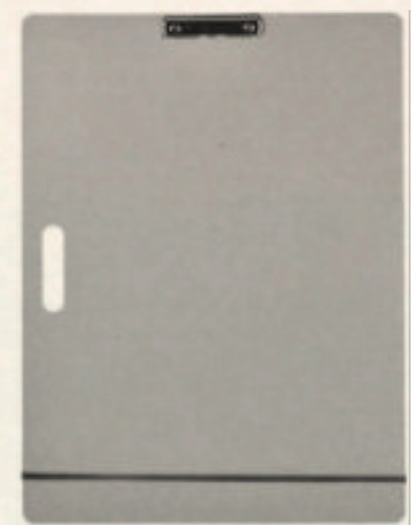


# What you must NOT bring

This is the list of materials we provide. These are the materials that you should **NOT** bring. If you have any questions about materials, let us know.



Easel



Sketch board 45x60cm/18x23"



Brush washer



*Gamsol*



Paper towels



Charcoal fixative



**WARNING**  
THIS BOOT  
CAMP MAY  
**GLITCH**  
YOUR ART  
EDUCATION



# QUARANTINE

✱ Lazaretto island ✱  
Menorca, April 2023

by

PUL  
SAR



# What is Quarantine?

Quarantine is an Art events label run by leading artists and agents provocateurs in Menorca, Spain. We are a community of artists, art lovers, and open-minded humans. Our events include Art labs, talks, masterclasses, "boot camps", mentorships, networking... and a bit of lovely Spanish wine.

This event is not for everyone, but it might be for you. Quarantine is not a holiday. You are going to work long and hard here. So, we're looking for individuals who are growing as artists. Doers, who actually care about their Art, know their stuff, and most importantly... are kind, sharing humans.

Are you looking to expand your connections and get your Art moving? Are you a kind soul who would love to learn from great modern day masters? ...then this might just be the place for you.

So join us, if you are so inspired, and you will be among some of today's most highly skilled and kindhearted artists one can ever meet. And yes, kindness does matter.



# What Quarantine is NOT?

- + Quarantine is not a painting holiday.
- + It's not an Art retreat.
- + It's not learning how to paint like the mentors.

## Disclaimer



- + Quarantine is an extremely demanding experience.
- + If you are looking for a more traditional workshop and you are not willing to be off your phone all day, you best not sign up for this event.

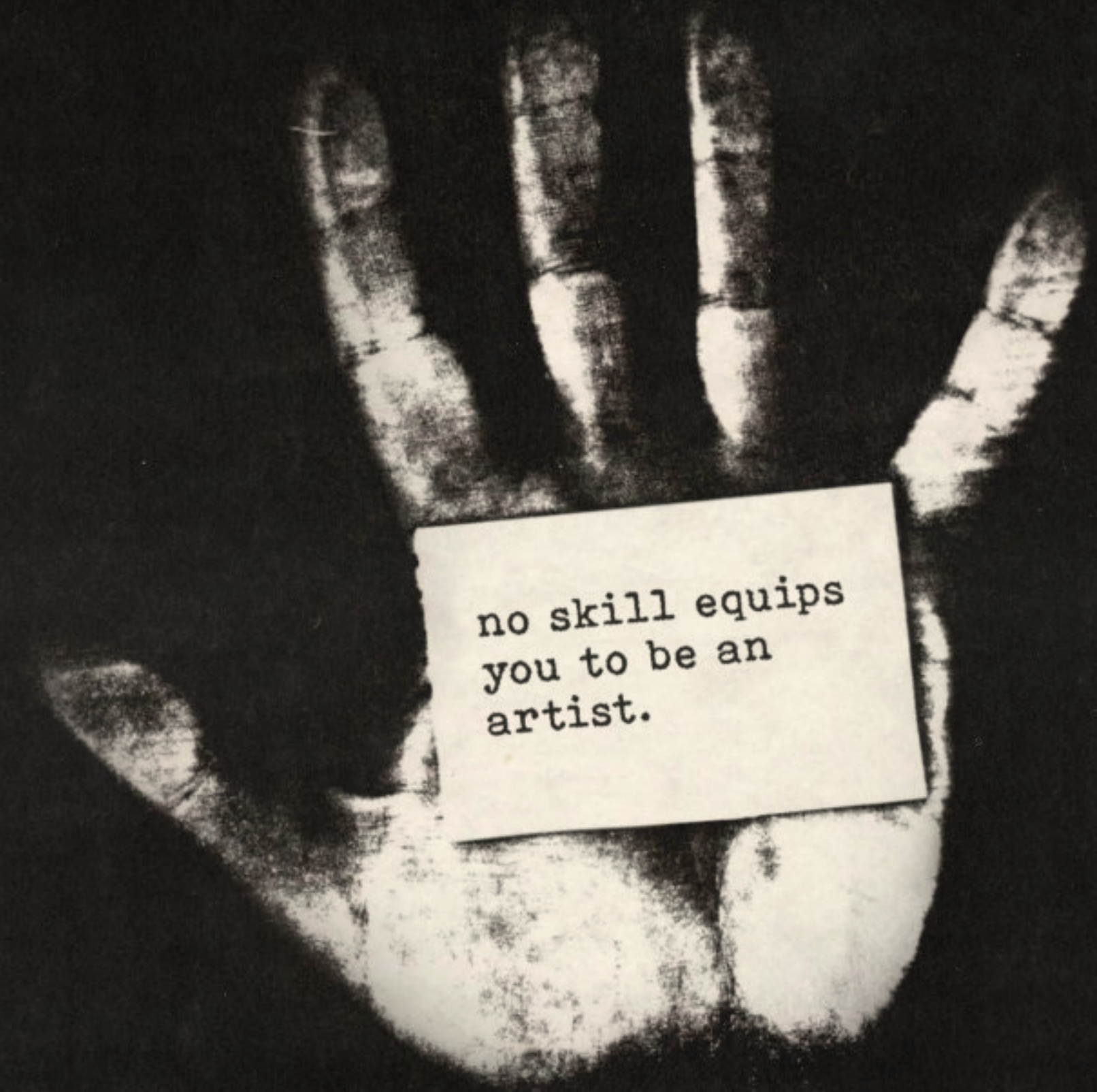




**Your art  
education is  
a Rorschach  
test**

...and now it's time  
to find its meaning.





no skill equips  
you to be an  
artist.



# Lazaretto Rules

We do not sell people solutions, but instead help them find their own way to unlock their creative potential. We propose a search for knowledge through questioning, experience, and a more profound and genuine exchange of ideas.

Lazaretto island is a refuge where connecting with authenticity is still possible. We provide a loving and nurturing atmosphere where people can express themselves artistically, and where strangers end up feeling like family.

But hey, we do have few rules here...

\* Registration to any Quarantine event implies acceptance of any and all rules and regulations established for and by the event.





# Rule #1

## Phones are prohibited

Seriously, no exceptions. **What happens on the island stays on the island.** If you don't feel ready for this, you best not enroll in this experience.

You will be working hard here. Unleash your attention. Really unplug and connect with what is here and now using your brain, not your phone. You may not think so now, but you'll thank us for it.







## Rule #2

# Admission is curated

This is not a painting holiday. It's hard. It's exhausting. It is real. And we just want to be sure that nobody signs up by mistake.

This is why we personally do an individualized participant selection process: **we want the most committed people!**







## **Rule #3**

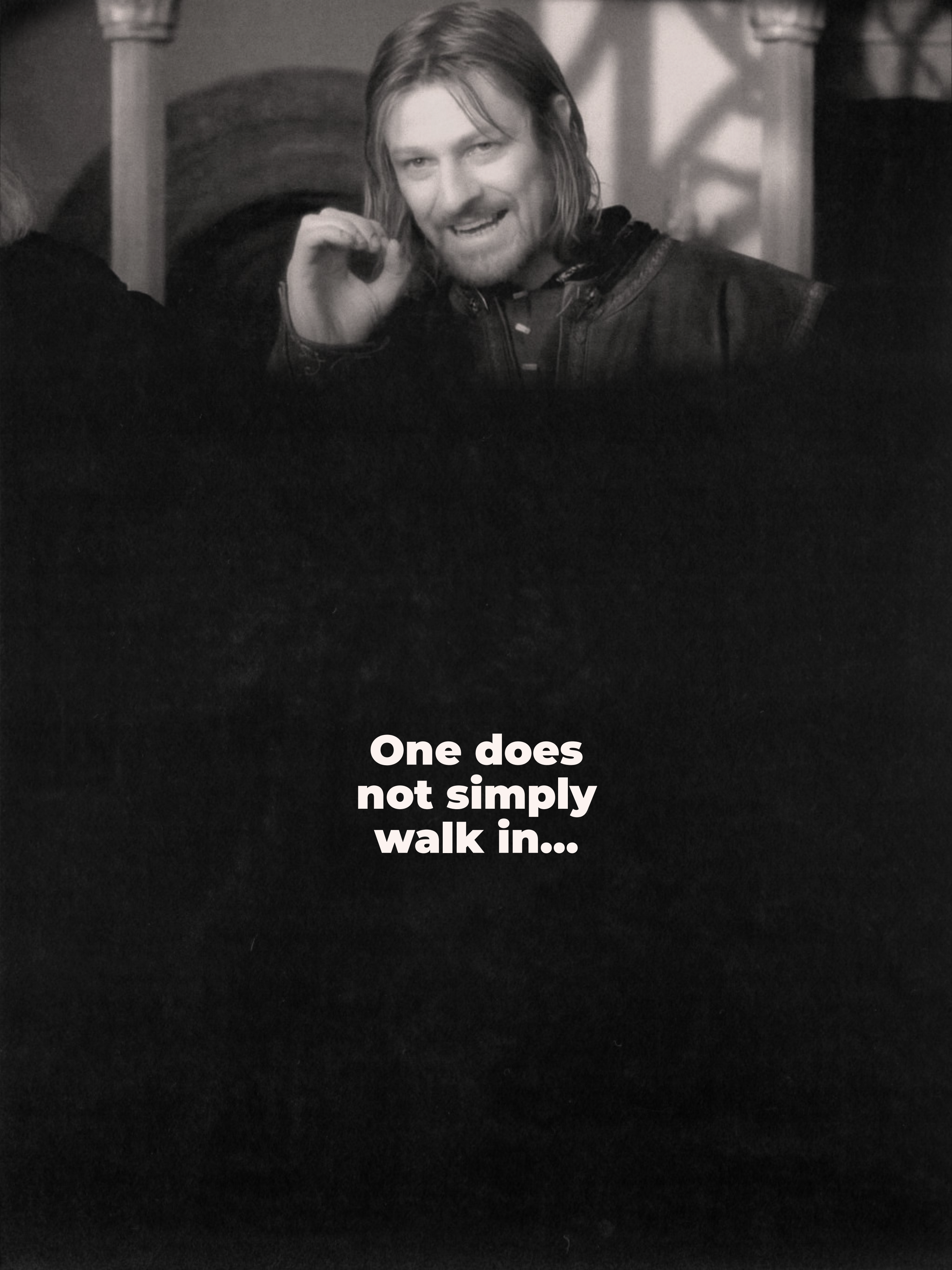
# **The program is a secret**

We're not trying to be mysterious here. Quarantine is an adventure, and the challenges will remain secret to help you take full advantage of all their benefits.

Having no preconception is essential, so just be open-minded, and expect the unexpected.







**One does  
not simply  
walk in...**

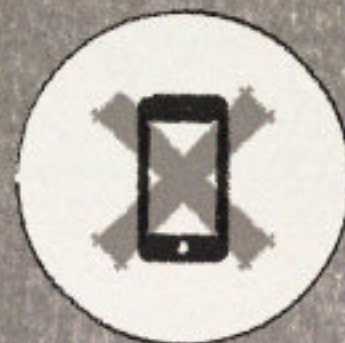


AN 18TH CENTURY ISOLATION HOSPITAL WITH THOUSANDS OF SQUARE METERS OF AMAZING FACILITIES.



**QUARANTINE**

**THE CAGE THAT  
BECAME A BIRD**



**LAZARETTO**

GENUINE QUARANTINE  
ISLAND ✕ MENORCA



# The cage that became a bird

The Lazaretto of Maó (Menorca) is a multiple-structure sanitary facility used to treat and protect against infectious disease. It was equipped to deal with the quarantine period of ships and boats arriving to the port, suspected of having any contagious disease. It was divided into 3 areas:

- + **Suspected bill of health.** This wing was for ships that arrived to the port from areas suspected of suffering from disease.
- + **Foul bill of health.** This area was used for the crews and cargo that arrived on vessels with plague.
- + **Touched bill of health.** Used for the crew members of ships that were affected by contagious diseases.

Each area was made up of several buildings to house the crews, as well as watchtowers, infirmaries and ventilation warehouses to store the ships' cargos.

The facility's walls and buildings serve a defensive purpose, which not only served to protect patients and workers, but also to prevent them from escaping. **It was, in part, a sanitary prison.**

More recently, in 1993 the complex was declared an Asset of Cultural Interest. Lazaretto Island is one of the most striking sites on the Menorcan coast, located at the center of the Port of Maó.





# Lazaretto

## State of Mind

### **Isolation**

Lazaretto is an island within an island, where ideas can also be quarantined. Smartphones are therefore prohibited.

### **Connection**

Lazaretto is the Tortuga Island of artists: a haven, a hideout. A 100% gibberish-free island.

### **Transformation**

We guide artists to help unearth a mindset that unblocks their creative potential.





### **Daily ferry boat**

From [Cales Fonts](#) pier to [Lazaretto island](#). Remember that you'll need your Quarantine ticket or ID to board.

- + Round-trip journeys from 8:40 am to 9:20 am, from [Cales Fonts](#) pier.
- + Round-trip journeys from 10:00 pm to 12:00 am, from [Cales Fonts](#) pier

### **Things to do**

Canteen with terraces

Gardens and paths

[Esfera Armilar Museum](#)

Explore the beautiful and bizarre facilities

### **What's nearby**

- + [Cales Fonts](#) – 10 min by ferry from Lazaretto.
- + [Port of Maó](#) – 10 min drive from Cales Fonts.
- + [Fort Marlborough](#) – 10 min drive from Cales Fonts. [Purchase ticket](#).
- + [Hauser & Wirth gallery](#) – The ferry departs from [Moll de Llevant 61](#) in Maó, and takes 15 minutes. [Book your ferry here](#).

### **Learn more about Lazaretto**

- + [Facilities](#)
- + [History](#)



# Plan your trip

## VERY important

**+ Documents** – Bring all necessary documents: ID card and/or passport, and credit card. Having some cash on hand is also a good idea (euros, of course).

**+ Materials** – Have all the materials you'll need for the Quarantine. Here in Menorca there are only a couple of shops that sell fine arts materials, and they often don't have everything in stock. So it might be hard to improvise if you do not have the necessary materials.

**+ No phones** – Remember, **phones are strictly prohibited. So please leave your phone at the hotel.** If you're not up for spending the day unplugged, then Quarantine is definitely not for you.

**+ Hotel with breakfast** – We recommend you stay near the Cales Fonts pier. Below, you'll find a few good hotel recommendations in the area, and with decent prices.

**+ Outdoor activities** – Be prepared for any outdoor activities: comfortable shoes for the countryside, bathing suit, layers, raincoat, etc.

## Anything else?

**+ Allergies** – Please notify us of any allergies or severe intolerances: we need to know so we can tell our cook to prepare adequate options.

You must notify us in advance of any special dietary needs. But please bear in mind that we CANNOT attend to personal preferences.



# Lodging suggestions

For a convenient Quarantine, we highly suggest you stay right in Es Castell. Here you have a few great hotel recommendations:

- + Artiem Carlos Hotel (9 minute walk to the pier)
- + Pardela Menorca (4 minute walk to the pier)
- + Sa Torre des Sol (5 minute walk to the pier)
- + Hotel Victori (6 minute walk to the pier)
- + Seth Agamenón (11 minute walk to the pier)

The pier is located in the charming port of Cales Fonts, In the town of Es Castell, just beside Maó.





## How to get to the Cales Fonts pier?

Carrer Moll de  
Cales Fonts, 6

07720, Es Castell. Menorca



[Google Maps](#)

13 min. from the Maó  
Airport by car (8.1km)





# Useful information

**Links:**

- [Fundació Destí](#)
- [Camí de Cavalls 360°](#)
- [Còmete Menorca](#)
- [Apunt](#)
- [Tripadvisor](#)
- [The New York Times](#)
- [Forbes](#)
- [The NY Times Style Magazine](#)

**Airport**

Maó (Menorca) Usual regular flight connections: Barcelona/Madrid/Palma

**Weather**

Average April temp. Max. 28°C, min 11°C  
  
Occasional wind and rain. The weather changes quickly and can be unpredictable.

**Taxi**

(+34)971.482.222  
(+34)971.367.111

**Water taxi**

Moll de Llevant, 12  
07701, Maó  
  
(+34)616.428.891  
  
[website](#)

**Currency**

The currency in Spain is the euro. You can make payments using cash or credit/debit cards.

**Electricity**

220/230 volts at a frequency of 50 hertz.  
  
Sockets comply with European standards.

**Water**

Tap water is drinkable, but we highly recommend you drink bottled water.

**Pharmacy**

Farmàcia Teresa Hernández Jansà  
  
Carrer Gran, 32j  
07720, Es Castell  
  
Mon-Sat 8:30 am – 8:30 pm [Get directions](#)

**Medical centre**

Carrer Sant Josep, 5,  
07720, Es Castell  
  
[Get directions](#)



# Terms

Stay calm and read on.

Last modified October 2022

Please read this text carefully and don't panic, we are legally required to include the whole scoop. **We've put the most important stuff in bold.** Quarantines are arranged by Quarantine Events. All information is given in good faith.

Peace.

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## I. Registration

- A.** First, when booking our events you automatically accept these terms and conditions.
- B.** Second, it is your responsibility to be in possession of a valid passport or identification card, as well as any visas, permits, certificates, or other documents needed for your entire journey, including medical certificates.
- C. Third, and most importantly, the admission process will follow a first come, first serve (review, assess and respond) basis.**
- D.** Registration to any Quarantine event implies acceptance of any and all rules and regulations established for and by the event. **This includes a strict commitment to the non-possession and use of cell phones at all times while on Lazaretto Island.**

## II. Personal Safety

- A.** You must be physically and mentally fit for the proposed activities before arrival. If you have any doubts about this, please contact us to explain any medical conditions that may affect the running of the art events. Some workshops and boot camps may not be suitable for individuals with certain medical conditions.
- B.** The very nature of some of these Quarantines (particularly those held out of the classrooms) involve visiting a variety of outdoor and indoor locations. Some of our activities can be somewhat more risky (countryside, villages, harbors, boats...). We do our best to keep you safe, but it is in all cases your responsibility to use your best judgment and sense to ensure your own personal safety.



### III. Payment

Once your application is accepted, we'll reserve your spot for 5 days, until your payment is received (direct bank transfer option). We will confirm your admission as soon as the transaction appears on account.

### IV. Program changes or cancellations

**A.** Quarantine Events reserves the right to change these Terms and Conditions, if necessary, at any time. Changes will be published on Quarantine's website and communicated via email.

**B.** Quarantine Events reserves the right to change any of the prices, limit class size, services or contents at any time. If this takes place, we will notify you immediately and give you the chance to accept or cancel your reservation.

**D.** Quarantine Events reserves the right to postpone or cancel an event if we don't reach the required minimum number of participants. In this case, we would notify you at least 30 days prior to the event's start date.

**C. If we cancel an event, we will fully refund all your payments.** Refunds are limited to total payments made to Quarantine Events.

**D.** Quarantine Events will not be liable for any consequential loss of any kind, no matter how such loss is incurred. So, **we strongly suggest not purchasing plane and hotel tickets until we confirm the Quarantine Event.**

**E.** In the unlikely event that the named teacher is unable to attend due to illness or other circumstances beyond her or his control, we would fully refund your fee. You will be refunded a pro-rated amount if a teacher must leave after an event has already begun.

**F.** The very nature of the Quarantine offered requires flexibility by all parties and must allow for alternatives caused by weather/local

conditions etc. For this reason, the outlined itinerary and outdoor workshop description is an indication of what may take place at the event, and not as a contractual obligation.

**G.** Issues caused by poor weather: Bear in mind that it may rain at some point during the week of the event, which in all likelihood will be of no greater hindrance. That said, on occasion, although extremely rare, the weather may be so bad that even inside the Port of Maó waves can grow so large that the ferry to the Lazaretto Island cannot operate (this takes place 1 or 2 days per year). If this should occur, Quarantine will not be held responsible and will not reimburse attendees for the missed day. We will however provide an excellent "PLAN B" for that day; all shall not be lost!

### V. Refunds and Transfers

**A.** Registration fees are neither refundable, transferable nor exchangeable.

**B. Cancellations: If you decide to cancel, you must properly notify us in advance by email.**

**C. The % refund applicable depends on WHEN you notify us of your cancellation:**

+ More than 90 days: 70% refund

+ 90 to 60 days: 50% refund

+ 60 to 30 days: 30% refund

+ 30 days or less prior to the start of the Quarantine event: no refund

PS – We are truly sorry, but we have to pay for everything anyway.

**D.** If cancellation is covered under the terms of your private insurance policy you may be able to claim such charges to your insurance company.

### VI. Bookings

**A. The booking process will follow a first**



**come, first serve basis.**

**B. Phones, pets and illegal substances are prohibited on the island.**

**C.** The facilities, services, and instruction provided during these Quarantines are for the exclusive use of our clients. Guests are not allowed without the express permission of Quarantine Events.

## **VII. Reception**

**A. An assistant will greet you and take you to the Lazaretto Island by boat from the Cales Fonts harbor.** Once you arrive on the islet, our staff will welcome you and assist you with your initial needs.

**B. Missed ferries:** Quarantine will provide you with the exact schedule for ferry operations from Cales Fonts to the Lazaretto Island in the morning, as well as for the return trip at the end of the day. If for any reason you should miss the last ferry to the event in the morning or back to Cales Fonts in the evening, Quarantine shall not be held responsible for your private transportation or for missing a day of the event. We will of course do anything we can to provide you with information on water taxi services or other options. (Please be on time!)

## **VIII. Liabilities**

**A.** Neither Quarantine Events nor their assigns is liable to any injuries or health problems during the stay.

**B.** Neither Quarantine Events nor their associates are liable for any property stolen on Lazaretto Island. It's a private environment and

there's nothing to fear. But we suggest you keep your belongings safe.

**C.** You will sign a document stating that you are responsible for all of your actions, safety, and risks you may take during the event.

**D.** Quarantine Events does not accept responsibility or liability for death, bodily harm or illness caused to the client or any other person included on the application form. Any claims shall be subject to Spanish Law with regard to any issues of liability or compensation.

**E.** Your own private insurance policy must cover any situations that may arise such as accident, illness, death and any repatriation costs.

**F.** Quarantine Events does not accept liability for any losses or additional expenses caused by delay or interruption to travel services due to weather conditions, sea storms, civil disturbances, industrial actions, strikes, wars, floods, sickness or other force majeure. Such losses or additional expenses are the responsibility of the passenger. Force majeure represents unusual and unforeseeable circumstances such as war or the threat of war, pandemics, riots, terrorist activity, civil unrest, industrial disputes, natural or nuclear disasters, fire, flood, adverse weather conditions, etc.

**G.** You must show proof of your identification and insurance coverage at the time of your arrival. We will require:

- + Name of insurance company
- + Insurance policy number
- + Insurance emergency or hotline telephone number

If you have any further doubt or petition, we're here to help: [qvarantine.events@gmail.com](mailto:qvarantine.events@gmail.com)





# Studio rules

## I. Etiquette

**A.** If you arrive late, please enter quietly and do not disrupt the class.

**B.** Don't comment on others' work unless so requested.

**C.** Please refrain from personal discussions. Disrupting class due to disagreement between two students is ill advised, and chattering is not allowed during work time.

**D.** Smoking and vaping in the studio, conference room and classrooms is prohibited. There are reserved smoking areas.

**E.** Mobile devices are strictly prohibited.

## II. Models

**A.** Please refrain from talking to the models while they are posing.

**B.** Photography and video are not allowed without the express permission of the model.

**C.** Never touch the model or correct the model's pose.

## III. Workspace

**A.** Be considerate with your workspace to accommodate fellow students.

**B.** Solvent, easels, and fixative are included. *Gamsol* and linseed oil are the only solvents allowed.

**C.** All artists are required to keep their work area clean. Please clean up your work area and properly dispose of your waste after class.

**D.** Keep the coffee table clean and leave things in their place.

**E.** Don't leave empty cardboard cups on the floor, always use the bin.

**F.** Don't put liquids in the bin, please use the bathroom sink.



# Why is it necessary to apply?

Our “boot camps” are generating quite a stir, but they’re not for everyone. They are highly intense experiences and require an open mind. And we know from experience that not everyone is ready.

Mentors and Quarantine staff will make a selection from among the most committed applicants.

## Selection criteria

**1. Commitment level.**

**2. Open mind.**

**3. Variety:** we aim to put together a heterogeneous group. We love mixing applicants from different creative fields.

⚠ We suggest you select more than one option for your mentor to have the best possible chance to get Quarantined.

## When will I know if I am selected?

Please try to avoid writing to us from time to time to inquire about the selection process. We know you are eager to participate, but this process takes time. We will inform you in due course, we promise!

That said, you can expect to hear from us within 30 days of receiving your application.





## Grants

If you are talented and truly need a grant to attend Quarantine, we may have a wonderful opportunity for you.

**APPLY**

### Included

7-day quarantine

lunch

dinner

beverages

daily ferry boat

fees & taxes

★ Estrella Damm beer

easel, gamsol

### Not included

lodging & breakfast

plane tickets

wine, mixed drinks



# About us



Hi. We love meeting people like you, and we'll make sure that you'll only breathe good vibes during your stay at Lazaretto.

We are neither venerable nor respectable, but we do believe in what we do. Quarantine is not just another formula for filling seats and milking money. We are here to enjoy the experience WITH you, not AT you.

We believe in core principles and ethical values like peace, love, respect, freedom, harmony and diversity, but also hedonism.



# Who we are

## **Formerly Menorca Pulsar**

Menorca Pulsar was an art retreat that started in 2016 with wonderful painting workshops. Artists from all over the world came to work and live together in camaraderie, isolated from the hectic world outside. Then, as they so often do, plans changed...

Art retreats no longer felt like what we really wanted to do, and now we're aiming for a more intense experience. So Menorca Pulsar will be no longer an "art retreat". Now we call it "Quarantine", and these events aren't for everyone.

Quarantine was born with the commitment to offer what an academic education, due to its very nature and purpose, cannot: **growth as an artist, not as an art student.**

See you in Quarantine?





**workshops**

**artists**

**QUARANTINE**

**Menorca Pulsar**



**QUARANTINE**

How to paint

Art Retreat

Workshops

Art education

Free admission

Country house

Cohabitation

Open program

Hard

1 teacher

6 hours/day, 5 days

Why paint

Art Lab

Boot camps

Art challenge

Curated admission

Private island

Quarantine

Secret program

Exhausting

1 + 4 mentors

12 hours/day, 7 days



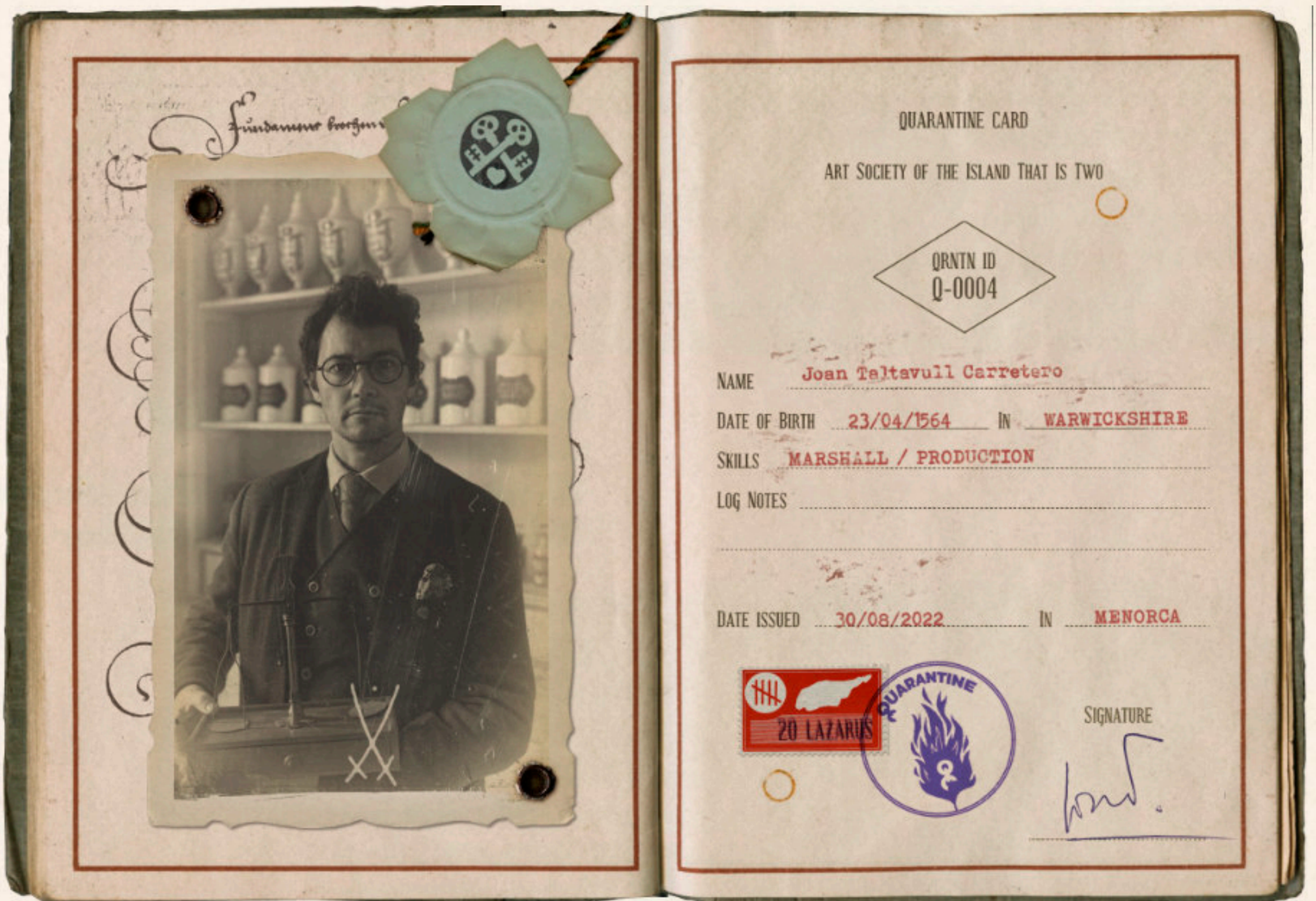


### Carles Gomila

Carles is a professional artist with 25 years of experience. In 2015, he founded Menorca Pulsar, an art retreat with an excellent international reputation.

In 2022, he founded Quarantine, designed for artists who strive to give meaning to their training. He is currently the company director in charge of concept, marketing and audiovisual production.





### Joan Taltavull

Joan is a professional contemporary dancer, actor and event organizer. He is also the founder of the "Pedra Viva" music, dance and theatre festival held in Menorca for over 11 years now.

At Quarantine, he is in charge of event production, experience design and the active search for external funding.

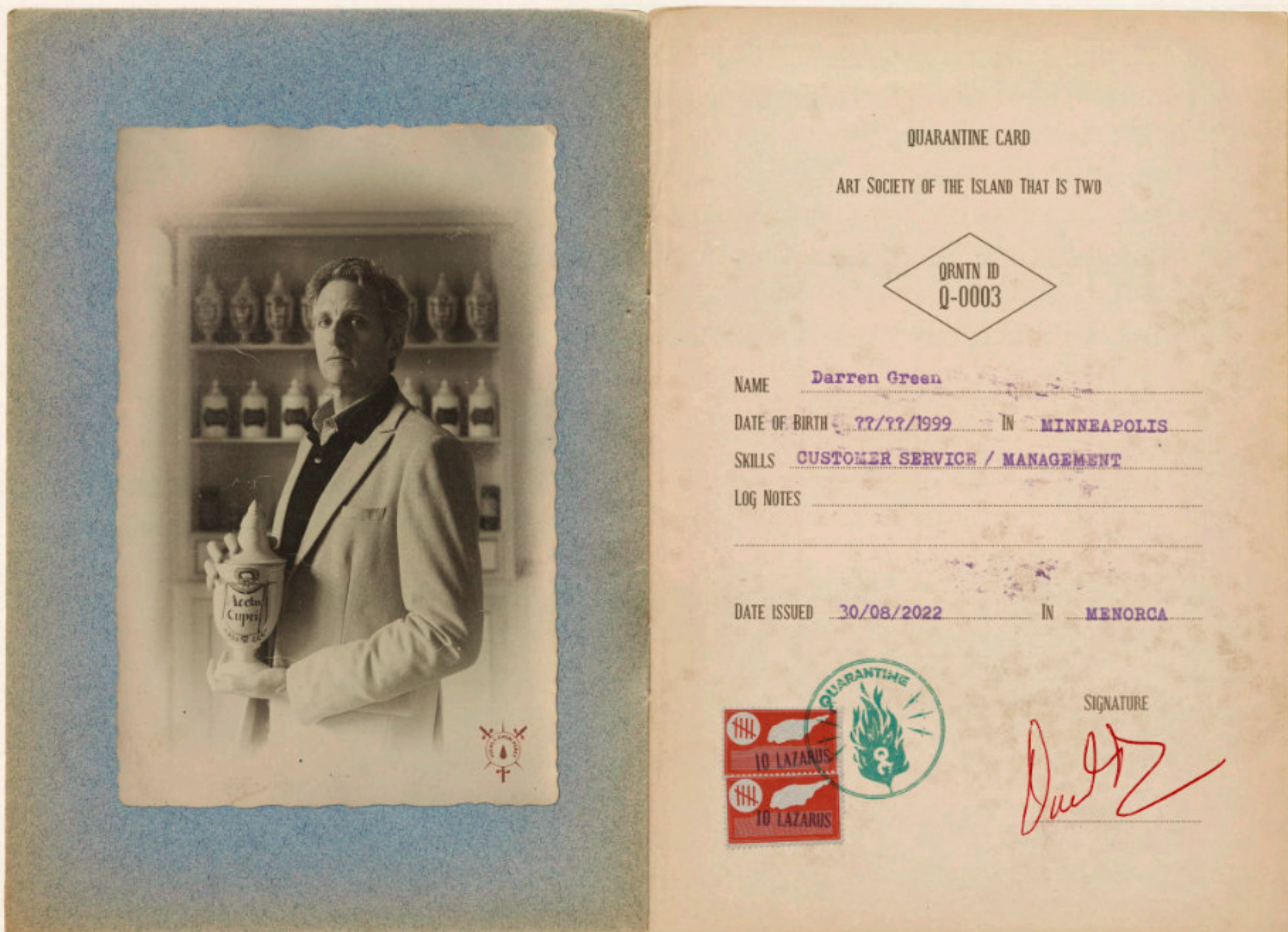




### Itziar Lecea

Itziar is a professional editor and copywriter, and heads up communications at Quarantine. She also works alongside Joan Taltavull on event production and coordination.





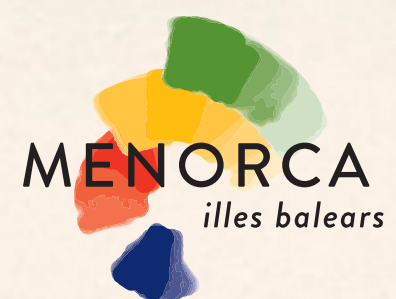
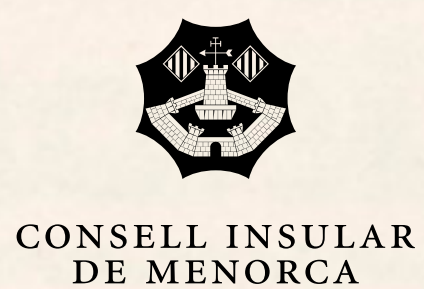
### Darren Green

Darren studied business administration and is Quarantine's financial director. He is also responsible for client assistance and services, logistics, and language and translation services. Darren is also a professional translator in English, Catalan and Spanish.



# Partners

“Never go on trips with anyone  
you do not love” –Ernest  
Hemingway.





**Chill, it's  
only a crisis**

**APPLY**









**For more  
info, check  
out your  
pineal  
gland.**

